

# Curriculum

## 1. Major in Counseling Psychology

## 2. Educational Objectives

- 1) Development of the ability to guide and research counseling professionally.
- 2) Cultivation of qualities as a professional counseling teacher in elementary and secondary schools.
- 3) Enhancement of qualities as a counseling teacher.

## 3. Professor

Professor's name	Field of Study	note
EunMo Hwang	Counseling Psychology	Head of department
ChangGoo Heo	Industrial and Organizational Psychology	
Jinyi Jang	Counseling Psychology	
Youan Kwon	Cognitive Psychology	
EunYoung Park	Clinical Psychology	
SungDoo Won	Clinical Psychology	
OkSun Son	Counseling Psychology	
YeongAe Lee	Child Counseling and School Counseling	
JeongMin Nam	Human Development	

## 4. Curriculum Table - Major in Counseling Psychology

### 1) 1st Semester (first-year student)

Semester	Subject Code	Subject Title	Credits	Remarks
1st grade (new students)	501666	Philosophy and History of Education	2	General Teaching (Required)
	501653	Educational Psychology	2	General Teaching (Required)
	501655	Sociology of Education	2	General Teaching (Required)

### 2) 2nd to 6th grade

Semester	Subject Code	Subject Title	Credits	Remarks
2024 - 1 <sup>st</sup> Semester	502017	Introduction to Psychology	2	Grade 2: Core Subject Grade 1: Elective Subject
	670637	Group Counseling	2	Grade 2: Core Subject Grade 1: Required Subject
	670670	Abnormal Psychology	2	Grade 2: Core Subject Grade 1: Elective Subject
2024 - 2 <sup>nd</sup> Semester	670639	Career Counseling	2	Grade 2: Core Subject Grade 1: Required Subject
	670661	Learning Psychology	2	Grade 2: Core Subject Grade 1: Elective Subject
	500674	Cognitive Behavioral Therapy	2	
2025 - 1 <sup>st</sup> Semester	670659	Personality Psychology	2	Grade 2: Core Subject Grade 1: Required Subject
	670672	Counseling for Children with Special Needs	2	Grade 2: Core Subject Grade 1: Required Subject
	670671	Case Studies in Counseling	2	
2025 - 2 <sup>nd</sup> Semester	670635	Psychological Assessment	2	Grade 2: Core Subject Grade 1: Required Subject
	670640	Family Counseling	2	Grade 2: Core Subject Grade 1: Required Subject
	502011	Human Relationships	2	Grade 1: Elective Subject
2026 - 1 <sup>st</sup> Semester	670667	Counseling Theories and Practice	2	Grade 2: Core Subject Grade 1: Required Subject
	502013	Developmental Psychology	2	Grade 2: Core Subject Grade 1: Required Subject
	502019	Counseling Techniques	2	

- ※ At least one course from each of the Core Subject areas (1) to (5) must be completed.
- ※ In the 5th semester, students must register for 'Thesis Research I,' and in the 6th semester, 'Thesis Research II' is mandatory.

### **670640 Family Counseling**

In this course, students will study the characteristics of family systems, the impact of dysfunctional behaviors within these systems, and the historical development of family counseling and therapy. By exploring various theories and counseling techniques in modern family therapy, the course aims to identify strategies for more effective treatment of dysfunctional behaviors and to promote the growth and development of families through family systems theory.

### **502013 Developmental Psychology**

This course covers the physical, psychological, and behavioral changes that occur from birth to death. Students will study key theories and methods of developmental psychology, as well as the influence of genetics and the environment, attachment, cognitive development, personality and social development, and parenting styles.

### **502019 Counseling Techniques**

Based on various counseling theories, this course explores diverse counseling techniques to address the psychosocial issues of children and adolescents. It focuses on developing optimal strategies that promote their growth and development while investigating how to apply these techniques in real-world counseling practice.

### **670671 Case Studies in Counseling**

This course applies counseling theories and techniques to real clients. Through case analysis, students assess whether the structuring of the counseling process, goal setting, and application of techniques were appropriately and effectively implemented.

### **670667 Counseling Theories and Practice**

This course covers major contemporary counseling and psychotherapy theories, including psychoanalysis, person-centered therapy, behavior therapy, transactional analysis, rational emotive behavior therapy, and reality therapy. Through these

theories, students will learn about personality formation, the emergence of dysfunctional behaviors, and the counseling process and techniques. The course also focuses on developing problem-solving approaches in counseling to enhance students' abilities to address and resolve issues effectively.

### **670659 Personality Psychology**

This course explores philosophical and psychological perspectives on human nature, the role of various factors influencing the formation of an individual's unique personality, and methods for classifying individuals. In personality psychology, students study how various psychological processes, such as motivation, emotion, perception, and learning, integrate to shape different ways of perceiving and feeling, ultimately forming a person's distinct personality. The course also covers techniques for personality change and methods for assessing and classifying personality.

### **670635 Psychological Assessment**

This course provides a systematic understanding of the nature of psychological assessments, which measure human behavior using objective and standardized methods. It covers the purposes of psychological testing, its historical background, important considerations in test administration, interpretation and application of test results, ethical aspects related to testing, and standards for reliability and validity. Additionally, through practical exercises, students will conduct intelligence, personality, aptitude, and interest assessments, score the results, interpret them, and prepare and submit comprehensive test reports. The course encourages discussion to expand and clarify related knowledge, thereby deepening both understanding and skills.

### **502017 Introduction to Psychology**

Psychology is the scientific study of human behavior and mental processes. By examining the research findings from major areas of psychology, the course aims to enhance objective understanding of universal aspects of humanity, such as thought, emotion, and behavior, while establishing a foundation for the scientific analysis of human beings.

### **670670 Abnormal Psychology**

In abnormal psychology, the course studies common symptoms, causes of onset, progression of disorders, and treatment methods related to specific groups of psychopathology to aid in understanding psychological maladjustment and psychiatric disorders. It primarily analyzes the characteristic symptoms and behavioral patterns of psychiatric disorders, evaluates and diagnoses through psychological testing, examines the progression of illnesses, explores treatment methods, and highlights the roles of psychologists, teachers, and psychiatrists in preventing chronicity of disorders. The course also provides a broad perspective on the interdisciplinary aspects related to psychopathology.

### **502011 Human Relationships**

Our lives are shaped by numerous people and various interpersonal relationships. Navigating family ties, friendships, romantic relationships, and mentor-mentee dynamics in a healthy and efficient manner is an important life challenge and social necessity. However, human interactions are complex and nuanced, leading many to struggle and experience hurt. This course introduces psychological theories on human relationships and provides practical knowledge to help improve these connections.

### **500674 Cognitive Behavioral Therapy**

This course studies the principles and techniques of cognitive and behavioral therapy among various psychological treatment theories. It explores how an individual's thoughts and cognition can be the root of psychological disorders, how strategies to change cognition can affect behavior and emotional thinking, and specific strategies for behavioral change. Additionally, it covers how to establish treatment goals and plans from a cognitive behavioral therapy perspective for a particular patient.

### **670639 Career Counseling**

This course aims to understand the relationship between career and quality of life while systematically studying prominent theories of career development and vocational choice. It also covers job analysis, the use of job information, and the evolving nature of the job market. Students will learn how to collect scientific information about individuals through psychological assessments (aptitude, personality, interests, intelligence, etc.), as well as methods for gathering personal background and family environment data and their applications. As a practical

aspect of career counseling, the course imparts the skills and knowledge required for interview planning and execution. Additionally, it provides foundational knowledge on stress management, conflict resolution, self-development, and leisure activities for effective work life.

### **670637 Group Counseling**

This field of study examines the theories and techniques related to human growth and development through group dynamics and processes, as well as the promotion of new and adaptive behavioral changes. It aims to facilitate the mental health and healthy development of relatively well individuals by fostering deeper self-understanding and self-acceptance through interactions, trust, understanding, acceptance, and support among group members. Students will learn techniques to promote meaningful relationships and personal growth and development tasks.

### **670672 Counseling for Children with Special Needs**

This course covers general theories of special education and focuses on understanding children with special needs, including the problems they face. It addresses the theories, techniques, and practical aspects of counseling tailored for these children.

### **670661 Learning Psychology**

This course aims to provide a theoretical foundation in learning psychology from the perspective of a counseling teacher regarding the learning processes of students (clients). It focuses on understanding individual differences in learners, particularly the theories and practical clinical intervention techniques related to gifted and underachieving students.